



For *YOUR* Benefit

GRANITE SCHOOL DISTRICT'S EMPLOYEE BENEFITS NEWSLETTER



It's Time...Open Enrollment!

It is Fall, which can only mean one thing — it is time for insurance open enrollment. The open enrollment for the 2012 insurance plan year will be a mandatory online enrollment again. During the first part of October, every contract employee will receive a letter in the mail that will have his/her unique username and password for the online enrollment system.

EVERY benefits eligible employee must **RE-ENROLL** during the open enrollment period in order to continue to have any type of insurance coverage during 2012. The open enrollment period will begin on October 10th and continue through October 28th.

Open Enrollment is the **ONE TIME** each year when contract employees may make insurance plan participation changes including modifying and/or cancelling coverage.

In order to accommodate such a large re-enrollment, Granite will use an online enrollment system which will be available 24/7 from any computer with internet access. **ALL** employees must re-enroll by using the online enrollment system - called HRConnection. To assist you in making your online enrollment successful, each school's STS and LMETS will serve as that site's enrollment specialist. If you have trouble with enrolling online, please contact your STS or LMETS for assistance first. If they cannot immediately answer your

question, they will be able to find out the answer and get back with you in a short period of time.

Once the enrollment deadline is past, most of your choices are binding until the next open enrollment period. **Mid-year cancellation is not permitted.** The only exceptions allowed are if you experience a "life status change" that qualifies you to make a change or if you are decreasing/cancelling voluntary life insurance coverage. Qualifying life status change events include marriage, divorce or legal separation, birth or adoption of a child, death of a spouse or a dependent child, or the gain or loss of employment and benefits for you, your spouse or your dependent child.

More information on the 2012 Open Enrollment can be found by clicking [here](#).



Open Enrollment

October 10th - 28th

Don't wait until the 28th...enroll early!!!

CONTACT US

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Life Insurance - Sign Up!!!

Granite School District proudly welcomes Regence Life and Health Insurance Company!!!

Regence

Life and Health Insurance Company

If it's been a while since you've assessed your life insurance needs, **NOW'S THE TIME!** With the change to Regence Life, we are offering a one time opportunity during this year's open enrollment period to enroll or increase your voluntary life insurance amount up to **\$400,000** for yourself and up to **\$50,000** for your spouse **WITHOUT** answering any medical questions.



Don't forget to sign-up for optional life insurance during this year's open enrollment - October 10 -28th.

TEACHERS - LTD Opportunity

Granite School District proudly welcomes CIGNA !!!

Great News! CIGNA is offering Granite School District contract teachers a limited time opportunity to apply for Long-term Disability benefits from CIGNA during open enrollment. The cost of Long-term Disability (bundled with Short-term Disability) is only \$20.07 for teachers.

Disability Insurance can help you pay your bills and maintain your standard of living if you were to become disabled due to sickness or injury. During this limited time, CIGNA is offering coverage **WITHOUT** Medical Underwriting. Meaning all Granite School District contract teachers will be automatically approved without medical questions (even if you have been denied before).



**Classified, Secretaries, Middle Managers, and Administrators already have STD/LTD as part of their employment package.*

Open Enrollment Fairs

Although you are not required to attend an open enrollment fair, it is one of the best ways to get information about the insurance plan you are interested in and re-enroll using computers available at each of the locations listed below. Representatives from each insurance company will be available to talk with you, explain the various plan features and discuss levels of coverage.

DAY	DATE	TIME	PLACE	ADDRESS
Thursday	October 13th	4 - 6 p.m.	Hunter High School	4200 S. 5600 W.
Tuesday	October 18th	4 - 6 p.m.	Cottonwood High School	5715 S. 1300 E.
Wednesday	October 26th	4 - 6 p.m.	Granite Education Center	2500 S. State Street

Preschool Nurses = Success

As part of the Preschool Professional Development Staff Meetings, the preschool nurses have shared health tips and motivational challenges to our staff for the past two years. We have been working together to improve our health and wellness as a group. It wasn't primarily a weight loss effort, that is considered a byproduct. We focused on talking care of ourselves first in order to not only feel better, but to have more to give those we serve. We discussed drinking adequate amounts of water, portion control, stress management, exercise and many other pertinent topics

In the 2009-10 school year, we challenged our staff to donate \$1.00 (or just pocket change) for every positive effort or change they achieved in their lives. We celebrated "baby steps" no matter how small. We capped the year off with our 1st annual 5k "Walk, Run, Crawl." We were able to donate \$600 to our preschool learning library for educational items to benefit our preschool children.

The 2010-11 school year was a continuum of the previous year. Last year we donated \$500 cash to the Utah Food Bank in addition to canned food items. That equates to \$3,500 the Food Bank can use to benefit our community.

Some of our favorite success stories include:

- "I lost over 40 pounds and kept it off."
- "I have stopped smoking, and now I run marathons."
- "One of my preschool students told me that I look straighter."
- "Laughing is good."



We are very proud of our staff and their personal efforts to be healthier, feel better and serve the community. Our preschool staff is the BEST!!!

Kris Farrimond, Amanda Monaco, and RaeAnn White



The Granite District Wellness Committee, would love to hear from you. If you have suggestions, comments, success stories or ideas about how the Wellness Committee can do a better job of promoting wellness throughout the district, please send an email to:

benefits@graniteschools.org